



ACT OPTIMIST CHAMPIONSHIP

2016

SAILING INSTRUCTIONS

29-30 October 2016



Canberra Yacht Club
1 Mariner Place, Yaralumla, ACT, 2600

The 2016 NSWIODA ACT Optimist Championship is organised by the NSW International Optimist Dinghy Association in conjunction with the Canberra Yacht Club.

Open & Intermediate Fleet Sailing Instructions

1. RULES

- 1.1 The Championship will be governed by the 'rules' as defined in *The Racing Rules of Sailing* (RRS) including the prescriptions of Yachting Australia to those rules.
- 1.2 The Yachting Australia Special Regulations Part 2- Off the Beach Classes will apply.
- 1.3 RRS 61.1(a) is amended by the addition of the following- "The protesting boat **shall** inform the Race Committee of the boat/s being protested at the finishing line immediately after finishing."
- 1.4 Intermediate Fleet are required to carry a fleet ribbon attached to the end of their sprit.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located inside the regatta office.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted no later than one hour before the first race on the day it will take effect, except that any change to the schedule of races will be posted by the end of the protest time limit on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be made from the flag staff, located at the Race Control Tower.
- 4.2 When flag AP is displayed ashore '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.
- 4.3 When flag D is displayed boats shall not go afloat.

5. SCHEDULE OF EVENTS

- 5.1 10 races Open Fleet and 8 races for Intermediate fleet are scheduled for the Regatta.

Date	Time of First Warning Signal	Activity
Saturday 29 th October 2016	1030hrs – 1230hrs	Registration
	1245hrs	Briefing
	1330hrs	First warning
	ASAP	Back to back Racing
Sunday 30 th October 2016	1200hrs	First warning
		Back to back racing
	1600hrs	No warning signal after
	ASAP after Racing	Presentation

- 5.2 The warning signal for a subsequent race on the same day will be made as soon as practicable but not sooner than 5 minutes after the last boat finished the previous race or 5 minutes after the time limit for the previous race expires.
- 5.3 After a long postponement, to alert boats that a race or sequence of races will soon begin, an orange flag may be displayed with one sound for at least four (4) minutes before a warning signal is displayed.

- 5.4 On Sunday 30th October, the last day of the Championship, no warning signal will be made after 1600hrs.

6. CLASS FLAGS

The Class flag for each fleet shall be:

Open Division-	Optimist emblem on a White background
Intermediate Fleet-	Optimist emblem on a Blue background

7. RACING AREAS

The regatta will be conducted on the waters of Central Basin or West Lake of Lake Burley Griffin.

8. THE COURSES

For Open Fleet and Intermediate Fleet, the diagram in Attachment A shows the course, including the order in which marks are to be passed and the side on which each mark is to be left.

9. MARKS

- 9.1 Marks 1 & 2 will be inflatable yellow buoys.
- 9.2 The Alternate mark will be an inflatable green buoy.
- 9.3 The Start mark will be an inflatable orange buoy.
- 9.4 The Finish mark will be an inflatable black and white chequered buoy.

10. THE START

- 10.1 The start line will be between the flagstaff displaying an Orange Flag on the Committee Vessel at the starboard end of the line and the start mark at the port end.
- 10.2 A boat starting later than four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4.

11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay the alternate mark described in SI 9.2 which does not need to be in the water when boats commence that leg.

12. THE FINISH

The finish line will be between the flagstaff displaying a Orange Flag on the Committee Vessel and the Finish Mark

13. PENALTY SYSTEM

- 13.1 For protests alleging a breach of a rule of part 2 or rule 31 arbitration may be used.
- 13.2 The protest committee may imposed a penalty less than disqualification unless the protest involves unsportsmanlike or bullying behaviour in which case the penalty shall be Disqualification Not Excludable (DNE) under Rule 2.

14. TIME LIMITS AND TARGET TIMES

- 14.1 Time limits and target times in minutes for the first boat are as follows:

Time Limit	Mark 1 Time Limit	Target Time
50 minutes	15 minutes	30 minutes

- 14.2 Failure to meet the target time will not be grounds for redress. This changed RRS 62.1(a).
- 14.3 Boats failing to finish within 10 minutes after the first boat sails the course and finishes may be scored a *Still Racing Score (SRS)* by the Race Committee. This changes RRS 35, A4 and A5. The expiration of this time limit will be signalled by the removal of the Blue Flag on the Finish Boat. This score will be calculated to be 2 points more than the last boat to finish in that fleet, but not more than DNF.

15. ARBITRATION

- 15.1 An arbitration hearing will be conducted for all protests lodged in accordance with RRS 61 and SI 16, which allege an infringement of a rule of Part 2, rule 31 or Part 4. Such hearings will be held subsequent to the protest being lodged and prior to the protest hearing.
- 15.2 The arbitrator, will decide the time and place of the arbitration hearing and such advice may be given verbally. One representative of each boat shall attend the mediation hearing and no witnesses will be called. The arbitrator shall decide the manner in which testimony is given.
- 15.3 After taking testimony at the arbitration hearing the arbitrator shall make one of the following conclusions:
- (a) The protest does not comply with Rule 61 and the protestor may withdraw the protest.
 - (b) The matter shall proceed to a protest hearing. This may be because the rules other than Part 2, rule 31 or Part 4 are involved or may be involved, or because the evidence is too complex or divergent to reach a reasonable and timely conclusion, or due to the apparent severity of the alleged infringement, or for any other reason the decided by the arbitrator.
 - (c) No rule was broken and the protestor may withdraw the protest.
 - (d) A rule was broken by one or more of the boats involved, the infringing boat(s) may accept scoring points equal to a finishing place mid-way between the boat's actual finish and a disqualification, and if so accepted the protestor shall withdraw the protest. Half points shall be disregarded and the points of other boats shall not be adjusted.
- 15.4 An arbitration hearing will not be re-opened. No conclusion of an arbitrator will be subject to appeal or be grounds for redress.
- 15.5 Should the protest proceed to a protest hearing then the arbitrator may be a member of the Protest Committee. Any evidence given by an arbitrator during a protest hearing shall be given only in the presence of the parties to the hearing.

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Immediately after finishing a boat intending to protest shall, in addition to the requirements of RRS 61.1(a), inform the Race Committee boat at the finish line of her intention to protest and the identity of the boat(s) protested against. The protesting boat must receive an acknowledgement from the Race Committee. This changes RRS 61.
- 16.2 Protest forms are available from the Regatta Office. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

- 16.3 The protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 16.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of the hearings in which they are parties or named as witnesses.
- 16.5 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under 61.1(b).
- 16.6 Breaches of Sailing Instructions 18, 21, 23, 24, 25 & 26 will not be grounds for a protest by a competitor. This changes RRS 60.1(a). Penalties for these breaches may be less than disqualification if the Protest Committee so decides.
- 16.7 The Organising Authority encourages the attendance of coaches and/or guardians as observers in protest hearings however such attendance remains at the sole discretion of the chairman of the hearing.

17. SCORING

- 17.1 Three (3) races are required to be completed to constitute a series.
- 17.2 When fewer than 6 races have been completed, a boats series score will be the total of her race scores.
- 17.3 When 6 or more races have been completed, a boats series score will be the total of her race scores excluding her worst score.
- 17.4 The scoring abbreviation for a discretionary penalty imposed under instruction 16.6 will be DPI.
- 17.5 To request the correction of an alleged error in posted race or series results, a boat shall complete a Scoring Review Request form available from the Regatta Office and submit it within protest time or 1 hour after results are posted whichever is the later.

18. SAFETY REGULATIONS

- 18.1 All boats intending to race shall sign on ashore using their RFID wristband.
- 18.2 On returning to shore boats shall report to sign on control to sign off promptly, but not later than 20mins, after returning to shore.
- 18.3 Boats who fail to sign on ashore or will be scored DNS for the first race of the day. This amends RRS 63.1 and A5.
- 18.4 Boats who fail to sign off within the protest time limit will be scored DNF for the last race of the day. This amends RRS 63.1 and A5.
- 18.5 On the last day of racing a boat shall return their wristband at sign off. Misplaced wristbands must be replaced by the payment of a \$5 fee.

19. REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of competitors will not be allowed.
- 19.2 In the event of damage, boats and equipment may only be substituted with the written permission of the Race Committee. If the damage occurs later than 60 minutes before the first scheduled warning signal on a racing day, and before the start of the last race of the day, provisional verbal permission shall be obtained from the Regatta Measurer, Race Officer or Protest Committee Chairman and the written permission of the Race Committee shall be applied for before the protest time limit at the end of the day in which the substitution takes place.
- 19.3 Change of Sail Numbers will not be allowed without the **prior written approval** of the Race Committee.

20. EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 All boats shall complete regatta measurement declaration upon registration
- 20.2 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat may be instructed by a race committee measurer to proceed immediately to a designated area of inspection.

21. ADVERTISING

- 21.1 The Organising Authority may require all participating boats to display the event's sponsor's advertising.

22. SUPPORT BOATS AND COACHES

- 22.1 Except when requested to participate in rescue operations; team leaders, coaches, parents and other support personnel shall stay outside areas where boats are racing and are restricted to a 5 knot speed limit, from the time of the preparatory signal for a race to start until all boats have finished or the Race Committee signals a postponement or abandonment of a race. The areas the boats are racing in is defined as the area inside the course and within 100 metres of any mark, lay line, starting line, finishing line or any area where any boat that is racing is sailing or may sail. See Attachment B for assistance with the interpretation of this exclusion area.
- 22.2 When Flag V (with a long sound signal) is displayed on a Committee Boat all support and coach boats are requested to remain afloat and assist **all** sailors.
- 22.3 The Race Committee or Protest Committee may protest any boat(s) whose support boat is in breach of SI 23.1. Penalties imposed as a result of a protest under this SI will result in a penalty being imposed on the boat(s) supported by the support boat.
- 22.4 Support boats are to fly the Burgee of their home club.

23. HAUL OUT RESTRICTIONS

- 23.1 All boats are required to launch and retrieve from Canberra Yacht Club.

24. RADIO COMMUNICATION

- 24.1 A boat racing or intending to race shall not have onboard a radio or other device capable of making or receiving radio communications not available to all boat. This restriction also applies to mobile telephones.

25. PRIZES

- 25.1 Prizes will be awarded as detailed in the Notice of Race.
- 25.2 Other prizes may be awarded at the discretion of the organising authority.

26. RIGHTS TO USE NAME AND LIKENESS

In participating in the Event, a competitor automatically grants to the Organising Authority, and the sponsors of the Event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still motion pictures and live, taped or filmed television, digital images and other reproductions of him/her during the period of the competition for the said Event in which the competitor participates and in all material related to the said Event without compensation.

27. DISCLAIMER OF LIABILITY

- 27.1 It is the competitor's decision to enter the Event or to start and continue in any race. Attention is drawn to Fundamental Rule 4. Competitors shall accept that their participation on the Event is at their exclusive risk in every respect.
- 27.2 The Organising Authority, the Host Clubs, their officers, members, servants and agents accept no responsibility in respect of loss of life, personal injury or loss or damage to property which may be sustained by reason of their participation or intended participation in the Event or howsoever arising in connection with the Event.

28. INSURANCE

All boats shall have third party insurance cover of not less than \$AUD 5,000,000. (recommend \$AUD 10,000,000 or the equivalent thereof in any other convertible currency) for any accident. All owners / competitors who sign the entry forms are deemed to have made a declaration that they hold such cover. Owners / competitors not holding this cover shall withdraw their entry. The skipper of each boat must be able to display proof of cover if requested to do so.

ATTACHMENT A – OPEN FLEET COURSE

Mark 1



Mark 2



Start



Finish



Open Fleet

Course 1: Start – Mark 1 – Mark 2 – Mark 1 – Mark 2 – Mark 1 – Finish

Intermediate Fleet

Course 1: Start – Mark 1 – Mark 2 – Mark 1 – Finish

Green Fleet Sailing Instructions

G1. RULES

- G1.1 Green Fleet shall be governed by the ISAF Introductory Rules of Racing.
- G1.2 The Race Committee or Rules Advisor may refer allegations of serious breaches of the rules to the Protest Committee in their sole discretion for adjudication. In dealing with such breaches the Protest Committee may apply the provisions of rule 2 or rule 69.

G2. NOTICES TO COMPETITORS

- G2.1 Notices to competitors will be posted on the Official Notice Board located inside the Regatta Office.

G3. CHANGES TO SAILING INSTRUCTIONS

- G3.1 Any change to the Sailing Instructions will be posted no later 1100 on the day it will take effect, except that any change to the schedule of races will be posted by the end of the protest time limit on the day before it will take effect.

G4. SIGNALS MADE ASHORE

- G4.1 Signals made ashore will be made from the flagstaff on the Race Control Tower.
- G4.2 When flag AP is displayed ashore '1 minute' is replaced with 'not less than 20 minutes' in the race signal AP.
- G4.3 When flag D is displayed boats shall not go afloat.

G5. SCHEDULE OF EVENTS

- G5.1 Green Fleet will not have a maximum number of races.

Date	Time of First Warning Signal	Activity
Saturday 29 th October 2016	1030hrs – 1230hrs	Registration
	1245hrs	Briefing
	1300hrs	Green Fleet Coach Briefing
	1345hrs	First warning
	ASAP	Back to back Racing
Sunday 30 th October 2016	1145hrs	Green Fleet Coach Briefing
	1230hrs	First Warning Signal
	1600hrs	Back to back racing
	ASAP after Racing	No warning signal after Presentation

- G5.2 The warning signal for a subsequent race in a race session will be made as soon as practicable but not sooner than 5 minutes after the last boat finished the previous race.

G6. CLASS FLAG

- G6.1 The Class Flag will be a 'Green flag with a Optimist Insignia'.

G7. RACING AREA

Green Fleet will race on the waters of Lake Burley Griffin.

G8. THE COURSE

- G8.1 The diagram in Attachment G1 shows the course, including the order in which marks are to be passed and the side on which each mark is to be left.

G9. MARKS

- G9.1 Marks 1, 2 & 3 will be described at the briefing.
G9.2 The Start / Finish mark will be an orange buoy.

G10. THE START

- G10.1 The start line will be between the flagstaff displaying an Orange Flag on the Committee Vessel at the starboard end of the line and the Start Mark at the port end.

G11. CHANGE OF THE NEXT LEG OF THE COURSE

- G11.1 The Race Committee will not change a leg of the course after the start signal.

G12. THE FINISH

- G12.1 The finish line will be between the flagstaff displaying an Orange Flag on the Committee Vessel at the starboard end of the line and the Finish Mark at the port end.

G13. TIME LIMITS AND TARGET TIMES

Time Limit	Target Time
40 minutes	15 minutes

- G13.1 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will not score points for finishing the race.

G14. PROTESTS AND REQUESTS FOR REDRESS

- G14.1 If you think you or another boat has broken a rule or if you are unclear about the rules at any time during the race, you must describe the incident to a rules advisor after the race. The rules advisor may then deduct two points from the score of any boat that has broken a rule. If the offence is serious, the advisor may deduct extra points to the boat's score.

G15. SCORING

Pointscore results will not be published for Green Fleet. The aim is for sailors to have fun on the water without the pressure of competition. Finish sheets may be posted on the notice board at the end of the day for sailors to check their progress.

G16. SAFETY REGULATIONS

- G16.1 All boats intending to race shall sign on swiping their wristband at the sign on desk before going afloat.
- G16.2 On returning to shore boats shall promptly report to the sign on desk to sign off but not later than 15mins after coming ashore.
- G16.3 A boat that retires shall notify the Race Committee or a Coach prior to leaving the course area and sign off once ashore.
- G16.4 The Race Committee **may** abandon racing when the wind is consistently above 15kts.
- G16.5 No race shall be continued if wind above 18kts is recorded at the Start boat.

G17. REPLACEMENT OF CREW OR EQUIPMENT

- G17.1 Substitution of competitors will not be allowed.

G18. EQUIPMENT AND MEASUREMENT CHECKS

- G18.1 All boats shall sign a safety equipment declaration upon registration
- G18.2 A boat or equipment may be inspected at any time for compliance with the safety requirements stated in the Notice of Race.

G19. ADVERTISING

- G20. The Organising Authority does not require Green Fleet boats to carry event advertising.

G21. SUPPORT BOATS AND COACHES

- G22. Only event appointed coach boats may enter the racing area. Only event appointed coaches are permitted to have direct interaction with competitors during each racing session.
- G23. Support and private coach boats are not permitted to interact with competitors or to enter the racing area at any time from the first warning signal of a racing session until the last boat has finished the last race of a session and the race committee has signalled for boats to return to shore.
- G24. Breaches of SI G22 and G23 will result in each sailor associated with that support or coach boat being penalised 5 points in each race of that session without a hearing. This amends the Introductory Rules of Sailing.

G25. HAUL OUT RESTRICTIONS

- G25.1 All boats are required to launch and retrieve from Canberra Yacht Club.

G26. RADIO COMMUNICATION

- G26.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

G27. PRIZES

- G27.1 There are no prizes for overall or race placings in Green Fleet.
- G27.2 Green Fleet sailors may receive encouragement prizes and recognition at the presentation.
- G27.3 Other prizes may be awarded at the discretion of the organising authority.

G28. RIGHTS TO USE NAME AND LIKENESS

In participating in the Event, a competitor automatically grants to the Organising Authority, and the sponsors of the Event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still motion pictures and live, taped or filmed television, digital images and other reproductions of him/her during the period of the competition for the said Event in which the competitor participates and in all material related to the said Event without compensation.

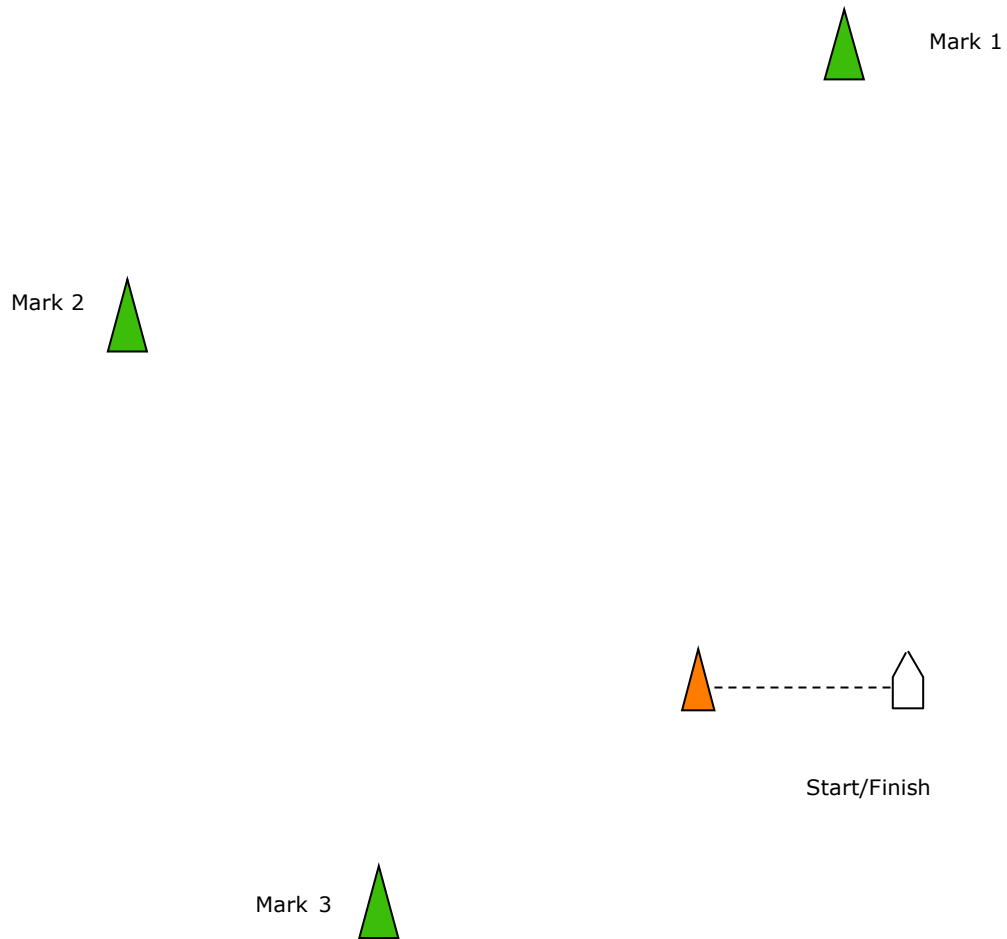
G29. DISCLAIMER OF LIABILITY

- G29.1 It is the competitor's decision to enter the Event or to start and continue in any race. Attention is drawn to Fundamental Rule 4. Competitors shall accept that their participation on the Event is at their exclusive risk in every respect.
- G29.2 The Organising Authority, the Host Clubs, their officers, members, servants and agents accept no responsibility in respect of loss of life, personal injury or loss or damage to property which may be sustained by reason of their participation or intended participation in the Event or howsoever arising in connection with the Event.

G30. INSURANCE

All boats shall have third party insurance cover of not less than \$AUD 5,000,000. (recommend \$AUD 10,000,000 or the equivalent thereof in any other convertible currency) for any accident. All owners / competitors who sign the entry forms are deemed to have made a declaration that they hold such cover. Owners / competitors not holding this cover shall withdraw their entry. The skipper of each boat must be able to display proof of cover if requested to do so.

ATTACHMENT G1 – GREEN FLEET COURSE



Mark 1 may not always be directly upwind.

Optimist Green Fleet

Start – Mark 1(port) – Mark 2(port) – Mark 3 (port) – Mark 1 (port) – Mark 2 (port) – Mark 3 (port) – Finish